Physiotherapist (Neurological Specialist)

**PERSONAL SUMMARY**

A highly motivated, confident individual with exceptional multi-tasking and organisational skills. Able to communicate effectively and sensitively with patients and carers to maximise the rehabilitation of patients and to ensure understanding of often complex clinical issues impacting on recovery. Excellent client facing skills and the ability to work closely with other health care professionals to assess patients’ needs and devise suitable treatment plans for them.

Ready and qualified for the next stage in my career and aims to associate with a progressive organization that provides me opportunity to enhance my skills & knowledge in accordance to the latest trends & significantly contributing as a physiotherapist in the society.

**AREAS OF EXPERTISE**

**Neurological conditions**: Stroke, Parkinson disease, Neurological disorders, spinal disorders, Neuromusculoskeletal conditions, Paediatric neuro disorders.

**Practised Therapy:** Cognitive Rehabilitation therapy, Cognitive Behavioural Therapy, Bobath Therapy(Neuro developmental techniques).

**ACADEMIC QUALIFICATIONS**

Masters of Science in Applying physiotherapy Neurological (Sep 2011- Sep 2013) ***SHEFFIELD HALLAM UNIVERSITY***, ***SHEFFIELD, UNITED KINGDOM***

Fellowship in Orthopedics Rehabilitation (Nov2010-May 2011) ***Apollo Hospital Hyderabad India***

Bachelors in Physiotherapy (BPT) Sep 2005- June2010, **Institute of Medical Sciences DAVV *University Indore INDIA***

Higher Secondary School: March 2005, ***Montfort School, Roorkee, INDIA.***

**WORK EXPERIENCE**

***Medanta Hospital- the medicity , Gurgaon India (June2014- till now)***

Working as a Neuro-Specialist Physiotherapist

**Duties:** work involved in Neuro ICUs & Neurorehabilitation unit of the hospital

Work performed advance physiotherapeutic assessment and treatment of patients with variety of Neurological conditions including Stroke, Multiple Sclerosis, Traumatic Brain Injury, Parkinsonism, cerebral palsy etc.

Clinical diagnosis and to provide individualized treatment program, maintaining own records as an autonomous practitioner. Negotiating & setting appropriate, realistic and individualized therapy goals in partnership with patient, carer and colleagues.

To take risk assessment and ensure the health & safety of patient and staff during the therapy

Completing assessment forms, writing comprehensive patient treatment records, recording statistics & completing work in timescale.

***Worked as a Freelance Neuro-physiotherapist (Jan 2014- June2014)***

Home visits & working part-time in a clinic

***Sheffield Hallam Physiotherapy Department, Neuro Clinics May 2012-Aug 2012***: Volunteering

***Duties****:* Providing high standard of physiotherapy services to patients

Organising & prioritising own workload & delegating responsibilities accordingly.

Teaching and discussions via power point presentation & case studies among the peers & BSc students.

***Physiotherapy Clinic, U.P, INDIA: Jan 2011- Aug 2011***

***Duties***: Providing a high standard of physiotherapy service to patients.

Organizing & prioritizing own workload & delegating responsibilities accordingly.

Ensuring that equipment used in carrying out physiotherapy duties is safe.

Evaluating, planning and delivering care plans in response to complex needs. Based in various clinical settings i.e. neuro-rehab, community, wheelchairs.

Implementing relevant standards and policies

Involved in a patients pre-admission and follow-up care

Prioritizing urgent referrals and emergency cases

Working with respiratory, orthopedic, acute neurological and multi-pathology patients

***Sri Aurobindo Institute of Medical Sciences Hospital, Bhandri Groups of Hospitals INDORE, INDIA: July 2010- Jan 2011.***

Completed six months Rotatory Internship in multiple departments - ICUs, IPD & OPD

**KEY SKILLS AND COMPETENCIES**

Experience of dealing with emotional and stressful situations

Well developed communications skills through interaction with people of different ethnicity & culture.

Ability to establish positive relationship with patients, medical professional staff

Can motivate others through effective communication skills

Strong ability to effectively communicate medical information, test results, diagnosis and treatment in a manner easily demonstrated to the client & peers

Sound knowledge of clinical Guidelines set by IAP, CSP, HPC, and WCPT

Ability to work independently in busy environment

Highly developed dexterity, co-ordination and palpation skills for assessment

Knowledge of Clinical governance and applying critical reflective skills with Evidence based practice.

Profound ability to safety lift and handling patients

Fully aware of fire, health & safety and other departmental policies

Flexibility to work weekends on rotational basis

Computer skills: MS word, PowerPoint, java scripts, excel etc.

**ACADEMIC & PROFESSIONAL CREDENTIALS**

Completed my MSc dissertation - A Qualitative study exploring UK Graduate Neuro-Physiotherapist & Cognitive Rehabilitation application in Patient Management

Exploring the Application of Biopsychological approach, Cognitive & perceptual Models and application of Cognitive Behavioural therapy by UK Neuro-physiotherapist and Neuro-occupational Therapist in their practice

I have demonstrated my competencies & knowledge through practical & theoretical settings receiving impressive grades in all modules.

I have sufficient knowledge of clinical governance and aim to use evidence and critical reflection in devising patient treatment plan.

I have good knowledge of Research methods studies & statistics and their application in terms of contemporary Physiotherapy Practice.

**CONTINUING PROFESSIONAL DEVELOPMENT**

***Presently Pursuing PG Diploma in Hospital Management Distance education course, Alagappa University TN India***

***Cognitive & Perceptual Process Models, Aug 2012, Sheffield Hallam University***

Done extra module attended with Neuro-Occupational therapist to develop a Inter-professional learning skills and to apply the concepts of treatment in Neurophysiotherapy Practice.

***Fellowship in Orthopedics Rehabilitation from Med varsity Apollo Hospitals group, Hyderabad, India. (Nov 2010- May 2011).***

Developed strong ability & clinical skills to critically evaluate and asses variety of orthopedic conditions and to effectively devise individualized physiotherapy management plan.

***Neurodyanamics workshop, “Complete solution of spinal disorders under Neuromusculoskeletal manual concept Approach***. - Indore, India, 11-12th sep 2010 gained 2 Credits with 20 hours hands on practice.

***Neurodevelopmental Techniques and Propioceptive Neuromuscular Facilitation***

3 days workshop, Indore, India, 19, 20, 21th June 2008 at Indore institute of medical sciences.

**PERSONAL DETAILS**

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**REFERENCES** – Available on request.